Types of Sessions to Submit in Your Proposal

**Workshop:** Workshops are sessions in which the speaker is expected to actively engage their audience with the goal of helping the audience members to acquire a skill or knowledge. Workshops may take the form of group discussions or activities that provide opportunity for the audience members to actively participate in the learning process. Frequently, presenters will provide audience members with a set of resources that they can take away at the end of the session.

Here is an example of a workshop:

“Program Review Student Success Data: Understanding and Using Sankey Charts to Improve Retention and Completion”  
(Fall Professional Development Day, 2018)

In this session department chairs/program directors and faculty will be given student success data for their specific programs in the form of Sankey charts. Staff from the Institutional Analysis Office will walk participants through their data and answer questions. The Data Literacy Team will engage participants in a discussion about retention and completion.

**Presenters:** Susan Wood, Mary Beth Worley, Members of Data Literacy Team

**Demonstration:** Demonstrations are sessions in which the speaker is expected to show the audience members how to apply a tool or concept, usually in a step-by-step process. The goal of this type of session is for the audience to gain basic guidance to start employing the tool or concept demonstrated.

Here is an example of a demonstration:

“Stop the Bleed”  
(Fall Professional Development Day, 2018)

Stop the Bleed is a class that empowers you to make a difference in a life-threatening emergency by learning the basic techniques of bleeding control. You will learn how to control bleeding by applying direct pressure to a wound, packing a wound and applying a tourniquet.

**Presenters:** Ann Bellows, Petti Erstad, Joyce Bradley

**Discussion:** A discussion is a session that is moderated by the presenter but includes substantial input from the audience. Usually, attendees are expected to engage in discussion based on questions provided by the moderator, with a specific objective in mind. The goal of the discussion is to pose questions in a way that audience members can contribute to an idea, concept, or action by the end of the discussion.

Here is an example of a discussion:

“Teaching to Different Learning Styles: A Roundtable Discussion”  
(Fall Professional Development Day, 2017)
The Teaching and Learning Committee presents a roundtable discussion about teaching to students with different learning styles. Faculty and staff are invited to come and share their questions, concerns, teaching strategies and/or ideas with others from across the college.

**Presenter:** Mayra Valadez

**Traditional Presentation:** A presentation is a traditional delivery style in which the primary speaker presents a well-developed idea and often includes visual aids. The goal of this type of session can take many forms. A lecture-style session, where the speaker(s) present a well-developed idea, project, etc. Visual aids are often incorporated to enhance the presentation.

Here is an example of a traditional presentation:

“Conferencing to Learn: Effective Feedback for ELL Students”
(Fall Professional Development Day, 2018)

The presentation will focus on providing the most effective feedback to and for ELL students. Research has shown that written feedback along with conferencing is the most effective strategy to help ELL students grow as writers. I will share best practices to combine written feedback and conferencing.

**Presenter:** Nathaly Herrera